



Clinical  
Hypnotherapy & Psychotherapy  
Newtown

## Gift Voucher

Clinical Hypnotherapy session valued at \$150.00 (Includes 1 Session)

Clinical Hypnotherapy means the therapist uses advance methods of hypnosis and other techniques to treat a variety of medical and psychological problems. Modern Clinical Hypnotherapy uses the best elements of many other forms of therapy this includes behavioural psychology, cognitive psychology. Hypnosis is a mental state induced by a procedure known as "hypnotic Induction" Once this state has been attained it renders the client open to higher state suggestibility. This can induce a profound range of effects in any situation where the mind has an influence virtually every part of your life. There have been countless studies worldwide to demonstrate the benefits of Hypnotherapy. Visiting with us can help to overcome various issues such as: Fears / Phobias. Eating disorders, Addictions/habits, Insomnia, Performance study/skills. Physical & emotional healing Stop Smoking/ drinking. Memory Trauma, Weight loss, and improved Confidence.

Clinical Hypnotherapy and Psychotherapy Newtown | [www.coachingandhealing.com.au](http://www.coachingandhealing.com.au) | [www.clinicalhypnotherapynewtown.com](http://www.clinicalhypnotherapynewtown.com)

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